



# Time Out

The official newsletter of the 2005 IIHF Hockey Development Camp

July 5, 2005

## Vierumaki Face of the Day



*Every day, one player at the 2005 IIHF Hockey Development Camp will share his experiences in Vierumaki. Today, Guy Pulman from South Africa shares his impressions of the camp, his team, and Finland.*

The IIHF Hockey Development Camp in Vierumäki has one happy camper from Auckland, New Zealand. The young Kiwi is a winger and plays in a white team in jersey number 18. Along with the rest of the team, Pulman has become a White Tiger this week.

Guy and the rest of the New Zealand delegation had a longest journey of any of the campers to Vierumäki. They traveled from other side of the globe., which took 36 hours. But he says the trip was for a very good reason: this Hockey Camp.

When Guy was younger, he started as a speed skater, but decided to take up hockey five years ago. In New Zealand there are six indoor ice rinks. In Guy's hometown, Auckland, there are two rinks, which makes it a little easier to make it to practice.

Pulman is playing on two teams at home. He is on a team that plays in a Auckland's local

league, where players are under 19. The league has four teams and has games once a week. He is also a member of Auckland's U16 team. They are playing in New Zealand's National Championship once a year. In those championships, there are three teams. Overall it takes four days to determine who the champ is.

Back home Guy practices once a week with each team. With one local league game per week he is on the ice three times each week. When Guy is not on the ice he is not resting.

"I go jogging and I do lot of different off-ice exercises. I want to be in a good condition. I am going to take lot of new methods from this Camp with me," Pulman says.

So far Finland and Vierumäki has been a great experience.

"I have enjoyed my time in here. The weather has been brilliant, the place is nice and the hockey feels so good," Pulman tells

Guy Pulman is also enjoying meeting people from around the world on his team.

"We have so many good players on our team, on and off the rink. The team atmosphere is fantastic. And on the ice we have good skaters and lots of quick and smooth hands. We are playing hard every day," Guy says

Everything seems to be going well with this open young man at the camp. But there is only one tiny thing complaint he has: "There are not enough girls in this Vierumäki area."

- Story by: Tuomo Keskiväli

## Two Minutes in the Box

### Today's Highlights:

Be sure to welcome all the National Association General Secretaries and Presidents. They just arrived in Vierumaki today.

### Wednesday's Weather:

It will be perfect weather to head south and check out the sights in Helsinki. There will be just a few clouds and a high of 26 (78 fahrenheit).



### Around the World:

#### Terrific Taipei

Chinese Taipei joined the IIHF in 1983 and has 340 registered players in the country. Believe it or not, there are over 20 million people that live in the small country. Here at the camp, there are an impressive eight participants, including two players, two learn to play instrutors, one coach, one referee, one referee in chief, and the general secretary.

### Did You Know?

The city of Helsinki is the northern-most European capital city. It is the largest city in Finland, with a population of around one million people. There are three holidays that uniquely Finnish. Vappu, which celebrated on May 1, Mid-Summer Day, which marks the longest day of the year when the sun doesn't set, and December 6, which is the Finnish Independence Day.

### Reminders

Don't forget tomorrow morning is the camp photo at 9:15 down by the lake. After the photo, you will leave for your trip to Helsinki....have fun!

## The Whistle Blowers: Meet the Game Officials

### Men in Stripes:

At every hockey game, there are three teams on the ice. The home team, the away team and the often overlooked team of three game officials.

Even the best officials in the world can continue to learn and develop, which is one reason why the group of 23 officials here in Vierumaki is such an important part of the IIHF Hockey Development Camp.

Here officials of all levels learn both on and

off the ice, ways to improve their performance.

At the camp, the officials are on a non-stop schedule. They have sessions in the classroom in the morning where they review video and analyze the latest rules. Overall there are eight referees and 17 linesmen in the group.

In the afternoon the men in stripes take to the ice to officiate the four games of the day.

The IIHF has put extra importance on the quality of its game officials around the globe. The better trained the officials are, the higher

quality of referees and linesmen there will be at the various IIHF World Championships.

In the classroom the officials are taught by IIHF Referee Supervisors, who have been to World Championships at every level and can draw on that experience in the sessions.

Most officials here at the camp have the goal of calling the gold medal game at an IIHF World Championship - and with continued work in the classroom and on the ice, that dream just may come true.

# Local Finnish Players Get a Lesson

Story by: Tuomo Keskiväli

2005 IIHF Hockey Development Camp has the Learn to Play program. There are more than 20 youth coaches here from all over the globe to better learn how to educate youth hockey players in each nation.

One of the most important parts of learning is using practical experience, which is why the organizers of the IIHF Hockey Development have worked with local youth teams to bring players from all over the region to participate in daily

practices with the Learn to Play instructors.

Each day, the Learn to play program collects about 50 players near Vierumäki, Lahti, Heinola and Hollola to come on the ice.

For the pint-sized Finnish players have the great opportunity to learn more about hockey. It is a great opportunity for the players to get ice time during the summer months. The players are also exposed to the latest coaching techniques as the Learn to Play Instructors test new drills. There was certainly no standing on the ice as the instructors kept the player on the go for the entire practice with small games and lot of playing.

## Sights from Learn To Play Practice



Participants in the Learn to Play program practices spend a sunny afternoon at the rink in Vierumäki. Above, the players are ready to be put through the drills of the day. To the right, a team skated in a mini-game, while below, all the players gather for instructions before a drill begins.

The players that are coming to the practices are between the ages of 9-11 and will be coming nearly every day during the camp. They arrive at around 1:30 for an hour-long practice with the Learn to Play participants.

One thing was certain at the end of the practice, these future hockey heroes were excited, along with their instructors who were grateful to have the players on the ice to coach.



# The Finnish Pearl: Vierumaki Institute

*Story by: Stefan Ikonen*

The Sports Institute of Finland in Vierumäki is a well known place in the World of Sport. It is situated on a beautiful Salpausselkä ridge in southern Finland, 130 km from Helsinki.

The institute was founded in 1927 by Tahko Pihkala, who had a great influence in Finnish sport. These days Vierumäki is a versatile centre of education, leisure and sports. Its main function is to develop, produce and market nationally and internationally competitive training, exercise and educational services in the fields of physical education and leisure.

Vierumäki is also the Official training centre of the Finnish Olympic Committee. Sport Institute of Finland has units like Coaching, Testing and Medical Centre.

## Professional of Sport

Educational activities are being constantly developed and the vocational Part of the Institute is a member of the Haaga Institute Polytechnic, providing bachelor's degree education for Sports Instructors. In the Institute can study ex. Sport Massage, Sport Journalism, Sport Management and many other professionals in Sport.

## Home base of hockey

In Vierumäki there is also home base of the International Ice Hockey Centre of Excellence (IIHCE). IIHCE is co-operating closely with the IIHF and Finnish Ice Hockey Association to develop hockey. These three organizations are arranging hockey camps and education to hockey peoples. such as this week's camp.

In 2002, the first Bachelor of Sports and Leisure program started, tailored for ice-hockey players. The Bachelor of Sports and Leisure degree is a 3.5 year full-time undergraduate program. The course mainly focuses on ice hockey coaching with the principle objective being for students to gain an internationally recognized qualification that will allow them to work as head coaches, coaches and sports instructors. The language of instruction is English enabling the students to work in an international environment.

*Below is a statue of Tahko Pihkala in front of one of the dorms at Vierumaki. Campers can also find their nation's flag along with a welcome sign at the camp entrance.*



## On the Ice: Meet Team Black

### Team Players:

|                    |   |              |
|--------------------|---|--------------|
| Marek Ciliak       | G | Slovakia     |
| Larenz Him         | G | Austria      |
| Scott McDonald     | D | Canada       |
| Alberts Ilisko     | D | Latvia       |
| Stefan Ramoser     | D | Italy        |
| Milos Jankovic     | D | Serb. & Mon. |
| Gunnar Orn Jonsson | D | Iceland      |
| Chang-Lin Yang     | D | Taipei       |
| Tomas Hrcina       | F | Slovakia     |
| Aleksey Kim        | F | Russia       |
| Ryosuke Motono     | F | Japan        |
| Fredrik Sommerseth | F | Norway       |
| James Neil         | F | G. Britain   |
| Arnoldas Bosas     | F | Lithuania    |
| Yin He             | F | China        |
| George Pisha       | F | Israel       |
| Vladimir Gurka     | F | Croatia      |
| Lars van Sloun     | F | Netherlands  |

### Team Staff:

|             |         |          |
|-------------|---------|----------|
| L. Lisspers | Sweden  | M. Coach |
| D. Ljubic   | Croatia | Manager  |
| C. Bedard   | Canada  | Coach    |
| G. Udris    | Latvia  | Coach    |
| L. Charrier | France  | Coach    |
| A. Krpes    | Croatia | Equip.   |

### Team Schedule / Results:

|          |                  |
|----------|------------------|
| Sunday   | vs. Blue, W, 5-3 |
| Monday   | vs. Red, L, 3-5  |
| Tuesday  | vs. White        |
| Thursday | vs. Maroon       |
| Friday   | vs. Green        |
| Saturday | vs. Yellow       |

### About the Team:

Team Black has a win and a loss under its belt in the early part of the Development Camp. The team has 17 players from 16 different nations. The only double nation is Slovakia which

has players Marek Ciliak and Tomas Hrcina. A few of the exotic nations that players hail from is Iceland (Gunnar Orn Jonsson), Israel (George Pisha) and China (Yin He).

But despite the many countries, languages and cultures on the team, there have been no problems for the group to come together.

In the beginning some of the players were only able to understand the words 'blah, blah,' giving the team the nickname of the 'Black Blah Blah's'. But, thanks to French coach Lionel Charrier the team can now all speak a common language, at least during the team cheer when they gather and yell, "Ooooh la la la!"

There have also been several interesting connections for Team Black. The entire team had a hearty celebration when Chinese Taipei player Chang-Lin Yang scored his first goal.

Also of interest is the friendships developing between several teammates, including Croatian Vladimir Gurka and Serbian Milos Jankovic. Despite being a part of a generation that lived through a war between the two nations, the pair are sitting next two each other in the lockerroom and have spent a lot of time together at the camp. It is a friendship that would not have likely started if the two were back home on their native soil.

For Team Black the Vierumaki camp is half over, but team manager Dragutin Ljubic thinks that the journey is just beginning.

"A lot of what our players are learning and experiencing here in Finland, they will carry with them for a long time to come."

Including how to cheer in French and how to overcome the 'Blah Blahs'.

## Game Results

### Mon.: Team Green 7, Team Turquoise 3

Team Green found itself down, 1-0 in the early going of its game against Turquoise, but bounced back, scoring four unanswered goals in the first half to claim a 4-1 lead at the end of the first 30 minutes.

In the second half, it was again Turquoise getting a quick start with the first goal. But Green responded with two more tallies, extending its lead to 6-2. The teams exchanged goals late in the game to bring the final to 7-3. What was impressive was 10 different players scored the 10 goals.

### Mon: Team White 3, Team Blue 3

The IIHF Development Camp had its first tie when Team White and Team Blue skated to a 3-3 deadlock on Monday.

White held a 2-1 advantage at the end of the first half thanks to goals from Pat Gaul and Simen Tranesrud. Just over three minutes into the second half Team Blue's Maxime Bienvenue scored his second goal of the game to even things at two. Blue took its first lead of the game when Mattias Tedenby scored at the 43:05 mark. But Cugajus Jevgenious saved the tie for White with a goal in the last 10 minutes.

### Mon: Team Yellow 5, Team Maroon 6

Team Maroon scored two goals late in the third period to claim a tight 6-5 win over Team Yellow in a back-and-forth battle on Monday.

At the end of the first half, Team Yellow held a slim 3-2 lead after Filip Cruseman scored twice. Tados Kumeliauskas also had two goals for Team Yellow.

But Team Maroon erased the Yellow lead thanks to strong performances from Roberts Bukarts, who netted two goals in the late comeback, and Tom Jobson, who also had two second-half goals in addition to his first period tally, giving him a hat trick.

### Editor's Note

All Tuesday game results will be in tomorrow's newsletter.



Hey, I heard a rumor that everyone gets to go to Helsinki on Wednesday. I thought you might like to learn some words that might be useful, although I hope you won't have to use a few of them! Enjoy the Capital City of Finland!  
Excuse me, I'm lost. = Anteeksi, olen eksynyt.  
Have you seen my bus? = Oletko nähnyt linja-autoani?  
Amusement Park = Huvipuisto